



“Discover How To Pick Up Women By Using Attractive Body Language”

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Introduction

Hello everyone! If you made it this far you are a straight male looking to pick up women using body language. Well, you've come to the right place. Did you know body language is almost 100% more important than what you are verbally saying? It's true, what you say can completely hurt you or help your chances of getting a girl to like you. Before you can date, seduce, or even become friends with a girl you have to learn how to give out the right vibes through your body language.

Before you can give out the proper body language, you must learn how to completely understand women. You need to learn how a woman thinks, what gets her going, what makes her happy, and most importantly what turns her on. While you may think women are some of the most complex creatures around, they do all operate somewhat predictably. Women's minds are programmed to believe and think certain actions are sweet and considerate while other actions are disgusting and not attractive.

In the first few chapters I will put you in the mind of a woman before I properly teach you how to give you the proper body language to significantly increase your chances of getting the woman of your dreams. You have to be willing to change your mindset and all your preconceived thoughts in order to be able to get any woman to like you. Follow the next few chapters closely as it sets the foundation for what you need to learn.

Chapter 1 : Understanding What Women Want

In order to be able to get the woman you want, you first need to understand what women want. I'm going to break this down in very basic terms that is going to hurt a lot of you right now. The whole purpose of this book is to help you, and if I wasn't telling you the truth then you'd be no better off after reading this book than you were before you started. Women want a man, not a boy. Women are highly attracted to someone who cares about himself, is constantly under self-improvement, and has goals in life. If you are the type of guy who just slacks through life and does just enough to get by to make it to the bar on Friday night then you are the man that most attractive women despise.

In order to position yourself in the best chance of gaining immediate attraction and recognition from women, you need to work on improving yourself. Below, I am going to go over various ways to improve yourself that will instantly attract women to you:

- Having goals –college, career goals, financial goals, fitness goals, family goals
- Being productive – no woman wants to see a guy sitting around the house all day. Every woman looks at every man she is attracted to as possible being “the one.” A woman thinks immediately, “will this guy be able to support a family?” You need to show her you are a productive part of society.

- Taking care of yourself – You don't need to be a damn model but you need to take care of yourself. If you're overweight, go workout! Besides the health benefits you will significantly improve your physical attraction towards women. Brush your teeth, take showers, and wear cologne. Basically do everything to keep presentable and attractive.
- Be your OWN PERSON -- No woman likes a guy who just follows his friend's actions, thoughts, and ideals. Have your own goals, ideas, and beliefs. Women will respect you and be attracted to your unique personality.
- Show you respect women – This is important. You have to show you respect her, but you should not show you are obsessed with her. We will go over this in later chapters, but it's very important to show respect.
- Show your not scared! No woman wants a man with no confidence. No matter what you do, make sure you are stern and show confidence in your actions.

There you have it. There is many more self-improvement activities you need to undergo to increase your chances of getting the woman you truly want. The fact is those are activities you should be doing on a normal basis anyways so do them! Women are very interested in what you have to offer. There will be certain traits in you that they dislike as there will be traits in her you dislike, but if you work on minimizing your negatives (compared to other men), you will significantly increase your chances of

getting the woman you want. Let's go to the next chapter where I will talk about getting any woman you want, no matter how beautiful she is.

Chapter 2 : Where To Meet Girls

Alright, let's go over where you should be looking to meet girls. This is important because where you meet a girl can literally dictate how the relationship between you and her is going to go. Let's think of the difference of meeting a girl in a bar versus meeting a girl in a coffee shop. If you were to meet the girl in a bar, you are telling her you came to loosen up and have a few drinks, let all your defenses down. While this can be good and bad, the bottom line is you are telling the girl you are more trying to "hook up" vs. having an actual relationship. On the other hand, if you meet a girl at a coffee shop, you are telling her you are a cultured individual who is looking to have some meaningful conversation and really trying to get to know her in a completely sober environment. In the end, the girl in the coffee shop will respect you more and have a more meaningful relationship with you. As I go through the various places where you can meet girls, pay special attention to the location that would suit you best. Also, take into factor, do you want to meet a girl to make her your girlfriend or just have temporary companionship.

- **LIBRARIES:** Girls are known to almost ALWAYS outnumber guys at libraries. It doesn't matter if it's a high school library, public library, or a college library, women always seem to outnumber males in this location. While this type of girl is probably the intelligent and goal-oriented type this could be the type of

girl you are looking for. Everyone needs a break from reading and studying every once in a while and what better way to do with a companion of the opposite sex. All you have to do is get over the initial struggle of making the first verbal contact and you are in the door. A good way to get a conversation going is asking her for help finding something. You could simply say "Hey, I'm looking for the reference section, do you know where that is?" Once she responds then say "Cool, thanks. What are you reading?" If she shows good body language and seems energetic in her response then this is your golden opportunity. Keep the conversation going on and see where it leads you.

- **MALLS:** Malls are basically a girl's favorite place to visit in the world. Every time you walk into a mall can you recall not seeing a beautiful girl that you didn't want to get to know? Probably not, the customers and the staff at malls are usually attractive women that want nothing more than for a nice guy like yourself to come and sweep them off their feet. Here is a good way to pick up any girl in a mall, staff or a customer. Walk into a female related store and go up to a girl you like and say "Hey, you are almost the exact same size as my sister and I really want to get her clothes for her birthday. Can you tell me if you would like something like this?" Now, she might know you are completely lying, but that's not the point. You need to see her response and see if she shows positive body language for you to continue the conversation. If she does, keep talking and see where it goes.

- **COFFEE SHOPS:** Women LOVE coffee shops. They love the cozy atmosphere to get a nice hot latte or a crisp frappachino. Even better, women love men that enjoy going to coffee shops. It's a sign of culture and sophistication that women love to see in a man. The best way is to share a table with a girl. If the coffee shop is busy you can pull this off much easier because she will understand that there are no seats. Sit down and say something like "Ah... what a day." She will either say "Oh yeah, I know, what happened in your day?" or she will say something short like "Yep." You can tell right away if she wants to start a conversation with you or if she wants to be left alone. Women go to coffee shops as a status symbol and a way to hang out with friends, not really for the caffeinated beverage. Take advantage of the situation where women are open to new conversation and the idea of meeting someone new in a close and cozy environment
- **COLLEGE:** If you're still in college, what better place to meet a girl than in college? Girls that are in college WANT to meet guys in college. Even better, the girls in college expect to be approached and hit on. You should have no problem being able to start a conversation with a girl that goes to your college. Ask questions like the following:
 1. What's your major?
 2. Do you like it here?
 3. Do you live close by?

If the conversation is going well, simply say something like “Hey, wanna eat lunch in between classes?” or “We should study sometime.” It’s really pretty self-explanatory on how to pick up girls in college.

- PERSONALS: Personals are a great way to meet all kinds of women.

Now, probably 50% or more of personals are spam or not real, but if you can sort through the robots and spam you can actually find some women that are looking for a genuine man to come into their life. My advice to you if you are going to use internet personals is to have some type of original message. Say something like “Hey, my name is Rob. Is this a real ad? I’m just looking to meet a normal girl that would like to go get coffee sometime.” Don’t go into a lot of detail about yourself right away, not only is it a waste of time, many times it won’t get rid one bit. Real personals in the newspaper are more legit and much more likely to be actual women. Just be careful because if a girl is in a classified there is a good chance there is something wrong or strange with her, not all, but many.

- GYMS: Gyms are a bit tricky because women usually don’t want to be bothered while they are sweating and into burning fat. The best way to start a conversation is find an attractive woman on a treadmill and get on the machine next to her. After you get on the machine, try to start a brief conversation and see if she bites.

- **NIGHT CLUBS:** Night clubs are a lot of fun and is probably the easiest place to approach a girl. The girls are THERE to look sexy and have guys talk to them. Just be original, show class, and sex appeal. If the girl you are going after has any brains she probably knows that you are there to try and find a woman to hook up with, not a wife. Be sure and try to convince her that you actually want to get to know her. I've met some of the most beautiful girls at night clubs and on the other end I've met some serious alcoholics and drug addict women at night clubs. The best thing about night clubs is it's the only place in the world where its socially accepted to just start dancing with a girl, even if you just met her and don't know her name. Show confidence and courage and you will be able to meet plenty of girls at nightclubs.
- **SUPERMARKETS:** Women have to go to supermarkets every week. Your job is to go when the most women are at the supermarket. The most common time women are at super markets is Mon-Fri around 1:30 and 6pm-8pm. Weekends are big with women scattered in the supermarket from mid-morning to afternoon Saturday and Sunday. Be on the lookout for a woman smiling or watching you shop. The best way to start a conversation is ask a food or cooking question like "I'm supposed to make dinner for my Mom, do you have ANY idea how I make lasagna?" She's either going to laugh and start talking to you or be really short with you.

- YOGA CLASSES: Need I say more? Women LOVE yoga. The women in yoga classes are very fit and absolutely love staying in shape. Start with a beginners class and you will get a lot of women respecting you and becoming attracted to you for just taking the initiative to try and learn yoga. They will help you out and before long you'll have plenty of dates.

Chapter 3 : Getting Any Girl You Want, No Matter HOW Beautiful

Alright, first off, there's a common misconception among men. For the most part, guys look at girls and think to themselves, "Man.. she's out of my league.. she probably has a million guys over her.. I need to go for someone a little more average."

You idiot! Just because she's hot doesn't mean ANYTHING. Women do not look at men like we look at them. A woman only factors 10 to 20% of her decision to be with a man on his looks. Have you ever been sitting with your friends and seen a hot girl walk by with an ugly or average guy? I bet you and your friends said "What the hell is she doing with him?" You idiot, that guy had the balls to do what you and your friends would never do. First and most importantly you need to realize you can get any woman you want no matter how hot, ugly, thin, rich, or ANYTHING.

Now, this doesn't mean that there aren't going to be some beautiful girls that are waiting for a rich guy or a model type guy, but for the most part they are NOT waiting for that. You will develop a sensor to really weed out the girls who are just going to waste your time, money, and efforts. I'm going to go over a couple of steps you need to follow from now on when you find the girl you want:

1. You NEED to feel like you deserve her. I'm talking you need to believe in yourself. You cannot think "She's better than me." You HAVE to believe that you DESERVE that girl.

You have to understand this now. The common misconception with most guys is they believe hot girls only go for:

- Rich Guys
- Asshole/Jerks
- Superstars/Rockstars
- Good looking guys
- Athletes

While there are some women that only look for that, for the most part women could care less if you are rich, have a six pack, or can play the guitar. Guys, rich guys and you were all built with a brain, a heart, and a penis. There is nothing physically or mentally better about any of the guys listed above over what you have. You need to think of the situation like this:

- Assholes get hot girls
- I will get hot girls
- Rockstars get hot girls

- I will get hot girls
- Good looking guys get hot girls
- I will get hot girls

Do you get my point? You need to be confident in whatever you do. If you are a car salesman, you need to be the best damn car salesman there is. You need to take PRIDE in whatever you do and show the woman you have something to offer. All hot women want is a unique man that is confident and stands up for himself.

Now, I am going to go over a few things that are going to hold guys back from getting hot chicks. If you honestly have a weight, drug, or alcohol problem, then these are problems you need to address before you try to go out and get a beautiful girl. I'm sorry, but that's just life and society. You don't need to be Arnold Schwarzenegger to get a hot girl, but you need to at least take care of yourself.

Okay, now, let's go over a couple of thoughts you need to constantly be thinking when you are trying to get the woman you want:

1. You don't get rejected, you are just there to find out how good a woman's taste is.

If you are offering a woman good emotions and your honest self and she can't handle everything great you are trying to give her, then she is the idiot and should be rejected.

2. Being with you is the best choice a woman can make.

If you can program your mind to believe that you are the best man out there for any woman to want to be with, then you will be able to attract woman like no other. You have to believe in yourself before you can get women to believe in you.

3. You make no apologies for your desires

Every man was given certain desires that were given to him the day he was born. You should not have to make apologies for your desire or hold them back for any reason. Women understand what men want and a good women will try to fulfill your desires as long as you are considerate of hers. Do not hide what you want as a man and do not try to hold them back. Doing so will make you come off awkward and weird.

If you guys haven't realized what I'm trying to preach yet, you really need to sit back and listen to this next paragraph. Beautiful women are just like any other women out there. They eat, they pee, they crap, they get sick, and they live their life just like anyone else out there. They are not some super human creature that you have to treat like a fine wine and feel like you have to be someone you are not. Even more importantly, beautiful girls are not anymore "easy" or "slutty" than normal girls. If you have this mindset then you will probably never get an attractive woman.

Beautiful women want you just as much as every other woman out there does. They want to be seduced, they want to be loved, they want to be listened to. These women have the same fantasies that every other person in the world experience. They

want a man to enter into their mind and fully understand their hopes, dreams, and desires (physically, mentally, and sexually).

Chapter 4 : Figuring Out If She Is Into By Reading Her Body Language

Body language is very important. Almost instantly you can tell if a woman is into you by the type of body language she is expressing. For example, let's say you are out on a first blind date. Your plans are to go to dinner and then to a movie. Within ten minutes of being at dinner with her, you should be able to tell if she's going to be into you or not. If she's not, I'm sorry, but the chances of her body language changing are slim to none.

Listed below are certain body language characteristics to look for if she is into you:

Playing with her hair:

- She pushes her fingers through her hair. This can be one hand movement or more of a stroking motion.
- She twirls her hair around her fingers while she is looking at you.
- She is throwing her hair back off her shoulders.

While she is sitting down:

- She moves in time to the music, with her eyes on you.
- She starts sitting straight up and her muscles appear to be firm.
- She is sitting with her legs open.

- She sits with her legs crossed in a manner to reveal her thigh.
- Her legs are rubbing against each other.
- Her legs are rubbing against the leg of the table.
- Her crossed leg is pointed towards you or if that same leg is rocking back and

forth towards you.

Her eyes:

- She gazes in your eyes with deep interest and her pupils are dilated.
- She raises both eyebrows exaggeratedly for a couple of seconds, this is often

combined with a smile and some eye contact.

- She winks at you while talking to you or winks at you from a distance.
- While talking to you, she blinks more than usual, fluttering her eyelashes.
- Eyebrows raised and then lowered, then a smile indicates interest in you.

Her lips:

- Big smiles with upper and lower teeth showing with a relaxed face.
- Biting of the lips or showing of the tongue, licking her lips or touching of her

front teeth.

- She wets her lips, some women use only a single-lip lick, wetting the upper or

lower lip, while

others run the tongue around the entire lip area.

- She puts her fingernail between her teeth.
- She protrudes her lips and thrust her breasts forward.

Her clothing:

- If she is wearing clothes that show her nipples underneath and you notice they

are getting perky and erect.

- The hem goes up to expose a little more leg.
- She is fixing, patting or smoothing her outfit to make herself look better.

Hand Body Language:

- She rubs her wrist up and down
- She pretends to look down at her watch as you pass her
- She sits down with one hand touching one of her breasts.
- She is fondling her keys and playing with toys on the table.
- She exposes the palm of her hand to you
- She plays around with her jewelry, touching and stroking it a lot.
- She rubs her chin or touches her cheek. (this usually indicates she is thinking about you in some way, shape, or form.

Voice Language:

- She speeds up or slows down her voice
- She raises or lowers the volume of her voice to match your volume
- She laughs with you
- No matter how many people, she focuses on what you are saying.

Other Signs:

- Her skin starts to blush when talking to you
- She copies your body language
- If she smokes, she blows smoke out of her lips toward you
- She whispers to her friend in front of you and smiles while she is talking

Alright, now she doesn't have to do every single sign I just listed, she probably won't do more than 50% of them, but the list above is pretty accurate to what you should expect if she is interested in you.

Now, let's go over body language signs you should look for if she is not interested in you.

- Looks away quick
- Posture remains unchanged
- Head remains vertical
- Keeps mouth closed
- Eyes always stay normal
- Polite and neutral face
- Does not sit up straight so her breasts are not emphasized
- Tense body, frequently restless
- Always keeps legs crossed
- Leans away from you
- Posture always remains very closed
- Keeps shoes on (does not get comfortable)
- Never touches you
- Grabs herself (nervous habit)
- Does not drink a lot
- Touches her face

If you see any of the above body language, it's not a good sign that the date is going to go well. While she may not do all of the above, you should definitely be able to see a few of the body language signs above if she is not into you. In most social settings women and men both will start out in a closed, defensive stance because we have a natural built defense against strangers. A closed position will make the person feel safe, while an open position makes the person feel more vulnerable. As one person gets to know another person, he or she will open up posture more which is a sign of trust. The person is opening up him or herself to you and expects you to do the same. You need to learn to adapt your body language to what she is showing you. If she is showing closed body language, then you need to try to be more open with her. If you just simply sit back and wait for her to open up to you, chances are it will NEVER happen and you will go home alone once again!

Men need to learn that women are very scared and indecisive individuals. You know when you get those thoughts going through your head like "Should I kiss her?" , "Should I put my arm around her?" , "Should I hold her hand?" You want to know what she's thinking?

Most of the time if she likes you at ALL she is thinking:

- "I wish he'd hold my hand"
- "I wish he'd kiss me"
- "I wish he'd just hold me"

She WILL not make the move on you so if you don't learn how to man up and make the move you are going to strike out 99 times out of 100. One time in a 100 you might

meet a girl that will be the aggressor, but I guarantee she is not what you're looking for!

Chapter 5 : The Man's Body Language – Showing The Woman You Want Her

Alright guys, if you want to get the girl, you need to learn how to properly start showing her that you want her. If you can't learn how to show her that you really want her through your body language, then you're never really going to get anywhere at all with her. Women are very perceptive and pick up on the smallest actions you take. In the next few pages, I'm going to walk you through what you should do from day one to show you are interested in her. It's very important to use the right body language or you could completely mess up any chance of a relationship or future you could have had with her.

Okay, so you meet a beautiful girl and you really want to show her that you like her. Let's just say you have talked to her a couple of times at your school or work and now you are finally going to go out in a social setting.

Date 1:

The first date is CRITICAL. You have to show her right away that you are interested in her, but you have to be sure to not move too fast to quick. Be talkative, be open, and if possible try to have subtle physical contact. A slight touch on her back or shoulder is appropriate. If you see an opening to give her a hug, be sure to take it. If the night is going extremely well and she seems very interested in you then it could be appropriate

to give a slight kiss on the cheek or lips. The whole point of the first date is to show as much willingness to open up to her as possible.

Date 2:

Okay, now if you made it to date 2, that is very good. This means you were able to correctly show her that you are interested in her and you showed proper body language. This date is very critical because you have to show her you are willing to move forward with her. By this time, you should be becoming more comfortable with her and she should be more comfortable with you.

Here are some recommended body language signs I'd give out on the second date:

- Gazing into her eyes
- Paying complete and utter attention to everything she has to say
- Asking her questions about her life, work, family, etc.
- Depending on the situation, looking for opportunities to put my arm around her.
- Start asking about her schedule to show you are ready to hang out more with her (ex: What are you doing this weekend?)
- Asking her meaningful questions about religion, politics, family.
- Showing you are comfortable with her by settling in. Don't keep your body position stiff. If you're at her or your house, feel free to take off your shoes.
- If she's showing you positive body language, copy it and show it back to her.
- Smile at her frequently
- Sit and stand with your hands open, not closed.
- If you're around a crowded group of people, show HER the most attention and

focus on her rather than the other individuals.

Date 3:

By date 3, you should be very comfortable with the woman. You should be at the point where you do not feel nervous around her much at all. Be sure to keep talkative and try to put in more subtle touching when possible. If it were me, I'd ask her questions to see how much she really is into me. Ask her questions such as:

- Do you really like me?
- Do you like hanging out with me?
- Do you feel comfortable around me?

You need to really get a grasp for how she is feeling about you. She will respect you a lot for asking these questions and will answer you truthfully. The third date is critical because it's basically you two sizing each other up to see if what you have is real and if it's worth continuing on into the future. You need to be sure to show positive body language at all times, you don't want to put any hesitation in her mind that you have any doubts about her.

Keep all the same body language from date 2, but now add some more intimate types of body language:

- Holding her hand
- Tickling her
- Giving her a look of being comfortable and happy

- Kissing her more often
- Massaging her neck if the moment is right
- Sitting with your legs open and slouched (showing your relaxed with her)

Date 4:

The problem with most guys is they never know how to escalate their activities from date to date. There are many guys that will say they are “going with the flow” and take a girl out on 5, 10, 15, 20 or more dates without ever making a move. After five dates of not making a move she has already labeled you as a “friend.” Once you are labeled a friend there is really no way to changing that perception of you. She has lost her attraction and sex appeal towards you and has decided that you are nothing more than a friend to her. By date 4, you need to be making moves. I’m not saying you should be trying to make sexual moves towards her, but you definitely need to be trying to hold her hand at least. As my good friend Travis says, “What’s the worse that is going to happen if a girl turns me down? I’ll just move on to the next girl, there’s millions of them!” The whole point is you need to start making moves and see where you are at. Holding hands, kissing, deeper conversation, and the following body language is what you should be focused on performing:

- Physical contact as much as possible where appropriate
- Show her your comfortable with her around your friends
- Be aware of new clothes or shoes she may be wearing (compliment her)
- Point out a nice feature of her (lips, eyes, hair, etc.)
- Never appear nervous or stuck

- Walk around with your arm around her

Alright guys, that's it. It's up to you after day 4, but hopefully by the fifth date you should be comfortable enough with her to do whatever your heart desires. While I have given a complete four day guide on what you should be doing day-by-day, you don't have to completely stick to it. Each situation is different, and you need to be ready for whatever is going to happen. There are going to be girls that are going to be expecting to be kissing and making out with you by the second date, while there may be other girls that tell you the fourth date is too soon to be kissing. You need to adapt to what she is telling you but be aware at all times that YOU are the one that drives the ship. If you make things go slow, they are going to stay slow and eventually she is going to start thinking of you as a friend, which is NOT good.

Another point I am going to make which only applies to some of you guys is do not get completely wrapped up in one girl right away. Guys can be like women in a sense sometimes and get way too ahead of themselves too quick. If you have this type of perception of women and relationship in general all you are doing is setting yourself up for a huge surprise and upset when the day comes. It's estimated that 50% of all marriages end up in divorce. I don't know about you, but I am going to have to be fully convinced that the woman I am with is the woman I can handle the rest of my life. Now, how does this apply to getting the woman of your dreams by using body language? Well, it applies because many times after just five dates many women will start to plan your wedding in their head. Trust me, there are many women and men

who move way too fast too quick. Be smart, be perceptive, and stay motivated!

Chapter 6: How To Play The Game Of Dating – Understanding How Women Think

Guys, I consider this chapter very important. From the moment you meet the woman you are planning on taking out or dating she is evaluating and testing you. You may not even recognize that she's doing this, but trust me, she is. In order to really thrive and date the type of women you want to date you have to understand how to play the game of dating and how to understand how women think.

Okay, for some of you this may sound redundant or you may think you already know this, but it doesn't hurt to hear it again. Let's think about what a woman really wants:

- Security
- Family
- Love
- Physical Attraction
- Emotional Attraction
- Stability
- Children
- Friends
- Employment

For a woman to really accept you into her life, you need to align yourself with her wants and needs to show her that you can mutually help her achieve what she wants. When we as guys meet a woman, we immediately look at her physical makeup many times before even looking at her mental state. It's sad, but that's how many guys are programmed to act.

If you want to date as many women as possible and have the best chance at meeting the woman of your dreams you NEED to learn how to play the game of dating. I'll be honest, at times it can be deceptive, but it has worked for guys for years. Just like with friendships and people in your life people will ALWAYS act like they are always on the up and up. What do I mean by this? People will act like they are always moving up in school, work, and life in general. Rarely you will see a person meet someone new and say "Damnit, I'm so sick of being a college dropout making \$9 an hour working at Macy's." Now, I don't know where you are in life – you could be reading this guide and you are a millionaire, but this still applies to you.

When you meet a woman for the first time you do not want to put any doubt in her mind that you are a bad apple. If you are over the age of 21, her mind is already wondering "Why hasn't anyone snatched this guy yet? Is there something wrong with him?" It's sad, but that's just how a lot of women reason things. It's your job to disprove any intuition she receives about you. In general, you need to sound positive about three subjects in general:

- Family
- Friends

- School (if you're in school)
- Work

It doesn't matter if you are in \$30,000 dollars of credit card debt and it's going to take you 10 years to pay off, you need to put that aside your first time meeting and going on a date with a girl. If you can correctly learn how to play the game of dating and use the recommend body language signs, you can really get ANY girl you set your sights on. Now, I'm not telling you to lie about your life, but you really have to put all your problems on hold when you are trying to attract a woman to you. The largest mistake I see a lot of guys make is getting too trusting too quick with a female. She has correctly put you in a state of comfort and you end up telling her everything that is on your mind. Well, bam, you might not notice it right away but trust me, she is running for the hills the first chance she is able too. You need to put all your female, family, money, school, and life problems aside when you are meeting her for the first time.

Okay, the second next mistake I see a lot if what I call the "who wants who more game." Women are key for playing this game and it can really annoy guys in general. For some reason, many women at the beginning of meeting a guy and even dating a guy feel that it is always the guys responsibility to initiate every contact and date. Literally some women will never call or never ask you if you want to go out on a Friday night. The problem with us always initiating calls and dates is it gives a perception that we are desperate for them. Sadly, the way many females mind works is if you are that guy that calls them 3-4 times a week and every weekend, you are too

desperate for them and must have no life. I know it's completely unfair and most of the time untrue, but it's just how the game works. To avoid making this mistake, after a few dates, be sure to practically ignore her for a couple days at a time. You will drive her insane to the point that if she really likes you she will call you and say "Hey! I haven't talked to you in a few days! What have you been doing?" I absolutely love getting that phone call because it tells me that the girl really likes me and has been waiting to talk to me. Women would think this tactic is egotistical and untrue, but it's proven by many dating psychologists and experts.

Okay, finally I am going to give my last topic of advice to anyone that is trying to improve their dating game or get more females. First, I'm not telling you turn into a tough guy or an asshole, but a lot of you guys really just need to focus on living your own lives. What do I mean by this? By focusing on healthy hobbies such as going to the gym, playing sports, going to concerts, going to parties, and more you will be around approachable women and you will be enjoying yourself. There's a saying that most people meet their true love when they least expected it. The people that go hunting for dates and love are usually the ones that are disappointed in the end. You might be thinking, "But I bought this book so I could learn body language secrets to get women right now!!" Well, that's fine, but I'm just offering you a more practical point of view. I've learned over years that by just simply living my life to the fullest I meet more and more women that are interested in me simply because I'm living my life. I know it sounds strange and not logical, but it's very true.

Learn proper body language, improve your life, keep motivated, and you will get

any woman you want!

Conclusion

Alright guys, it's time to make the change now. Over the last thirty or so pages you have learned everything you need to get any woman you want. The female you want is eagerly out there waiting for you to scoop her up and you now have the tools to go get her.

Attractive body language is one of the most important tools you can use to attract women. By using the proper body language and saying the right words, you are putting yourself ahead of 95% of the other guys out there. I've taught the same information in this book to guys that are over 300 pounds and I've seen them pick up petite blonde bombshells. Your looks do matter, but they definitely do not matter as much as people think.

Women are amazing individuals and you should always respect them as so. Learn how their mind works, learn their desires, learn their needs, and more importantly learn how to attract them. Your life is about to change completely for the better!

Be smart! Be perceptive! Be persistent! Be Approachable!

Good Luck Guys.

All the best,

Dan Barab

